

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy Canada Day

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2		3		4		5		6		7	
				9:30 Baking in A/L 10:30 Old Time Discussion 2:00 Frog Toss		10:30 Puzzle Time 2:00 Floor Curling 6:00 Harbor Quay Trip with Heritage Place <i>Happy Birthday Gerri</i>		10:30 Sit and Dance 2:00 Nerf Gun Target Shoot		10:00 Beach Ball Toss/Chair Fit 2:00 Hank Mallon	
9		10		11		12		13		14	
10:30 Chair Fit 2:00 Bowling		10:30 Resident Council in Assisted Living 2:00 Baggo		10:00 Yoga 2:00 Darren Geddes		10:30 Sit and Dance 2:00 Ice Block Treasure Hunt		10:00 Frog Toss/Chair Fit 2:00 Trinity Church		15	
16		17		18		19		20		21	
10:30 Chair Fit 2:00 Bingo		10:30 Coffee Chat 2:00 Jewelry and Hat Party with Hanelle		10:00 Chair Fit 11:15 Load up for a Pic-nic Lunch in the Park		10:30 Puzzle Time 2:00 Floor Curling		10:30 Reach for the Sun 2:00 Ice Cream Floats		22	
23		24		25		26		27		28	
Bus Trip to Tiger Lily Farm with Heritage Place		9:30 Baking in A/L 10:30 Coffee Chat 2:00 Out Door Games		10:00 Yoga 2:00 Crafts		10:30 Sit and Dance 2:00 Nerf Gun Target Shoot		10:30 Notre Dame Church 11:15 Lunch Out 2:00 Bingo		29	
30		31									
10:30 Chair Fit 1:00 Bus Trip to Debs House <i>Happy Birthday Doreen and Jean W</i>		<p><b>Sunshine on my Mind</b> </p>									